

DIABETES 20:20

A CRASH COURSE
IN DIABETES



Diabetes 20:20

"Diabetes 20:20" was held at Agra, India. It was organized by of CME Foundation of India (CMEFI).

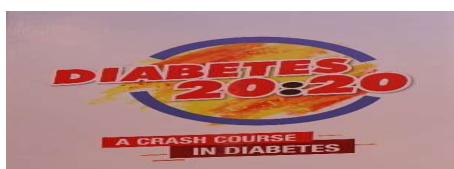
The sole objective of the Diabetes 20:20 was to bring leading KOLs of Diabetology, Endocrinology and General Physician on one platform and discuss their clinical experiences and expertise in the management of Diabetes and its complication.

The Introductory speech was given by CMEFI. He emphasized the main role played by CME Foundation of India and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

Date	:	11th August 2019.
Venue	:	Hotel Clarks Shiraz, Agra.
Total Participants	:	62

TOPICS:

- Intro, pre-course MCQ
- Errors in Diagnosis
- Screening and Monitoring
- Motivational Interview 1 – Denial, Anxiety
- Errors in Classification
- Best practices, Resources and Infrastructure
- Clinical Approach to Changing Scenarios -
 - a) Newly diagnosed T2D
 - b) Stable T2DM
 - c) T2DM with Hypertension
 - d) Diabetic Neuropathy
- Initiation and Intensification of AHAs
- Approach to Refractory T2DM
- EMR, AI Technology in diabetes clinic set up
- Pharmacovigilance in diabetes
- Errors in therapy
- Nondrug therapy - Exercise/stress management/lifestyle
- Improving patient adherence - Young Type 1 & Young Type 2 Diabetes
- C V risk reduction
- Motivational interview 2 - Angry, Helpless



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EXPERT

Speaker:

- Dr. A. K. Gupta
- Dr. Prabhat Agarwal
- Dr. Ashish Gautam
- Dr. Atul Kulshrestra
- Dr. Pankaj Agarwal
- Dr. Jamal Ahmed
- Dr. Amitabh Gautam
- Dr. D. K. Hazra
- Dr. Anubhav Thukral
- Dr. Sunil Bansal
- Dr. Navneet Agarwal
- Dr. R. K. Aren
- Dr. A. K. Chauhan

Summary of CME

- The CME was conducted at Agra, India. It was aimed to bring together the well-known Diabetologist, Endocrinologists and General Physician across India in order to discuss various clinical aspects in the management of Diabetes and its complication.
- In this CME, different topic related Diabetes such as Errors in Diagnosis Newly diagnosed T2D, Stable T2DM, T2DM with Hypertension, Diabetic Neuropathy, Approach to Refractory T2DM, Pharmacovigilance in diabetes, Nondrug therapy - Exercise/stress management/lifestyle, Improving patient adherence - Young Type 1 & Young Type 2 Diabetes, C V risk reduction were discussed in this event followed by panel discussion by the expert.
- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding complication of Diabetes and its management. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.



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PHOTOS



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